



SFE Curved Air Runner Elite Pro w/ Sled Push



Elevate your cardio and strength training with the SFE Curved Air Runner Elite Pro, a state-of-the-art treadmill designed for both home and commercial fitness environments.

This self-powered, curved treadmill offers a natural running experience while incorporating a sled push feature for comprehensive workouts.



Please read all precautions and instructions in this manual in detail before using this equipment. Save this manual for future reference.

Table of Contents

1. Safety Precautions
2. Technical Specifications
3. Product Overview
4. Installation Instructions
5. Operating Instructions
6. Maintenance Guidelines

Thank you for purchasing with Sports & Fitness Exchange! Our mission is to provide customers with top quality fitness products at the lowest possible prices! Our team is dedicated to helping others accomplish their fitness dreams!

Your product is protected by a warranty. If you have any difficulties with assembly or need to file a warranty claim, please contact customerservice@sportsandfitnessexchange.com. We will respond within 24 hours, Monday through Friday. Our sales staff may be able to answer some questions, but they are not technical experts and cannot file warranty claims on your behalf.

1. Safety Precautions

Please read the following safety guidelines thoroughly before using the stair machine to ensure safe and effective operation.

- **Intended Use:** This machine is designed for use in commercial fitness facilities and sports training environments.
- **Environment:** The treadmill should only be used indoors, in a dry, low-humidity setting. Avoid exposure to moisture, as this may damage the equipment.
- **Placement:** Position the machine on a stable, level surface, ensuring that it is secure. Allow at least 6.5 feet (2 meters) behind the machine for safe usage.
- **User Requirements:** Only one person should use the machine at a time. Maximum weight capacity: 350lbs.
- **First-Time Use:** For safety, hold the handrails and maintain balance, especially if you are unfamiliar with the machine.
- **Clothing:** Wear appropriate athletic attire and footwear. Users with long hair should tie it back securely.
- **Improper use or overloading:** Improper or overload training may lead to damage or even physical injury.

2. Technical Specifications

- **Running Surface:** 62"L x 20"W
- **Speed Range:** 1–20MPH
- **Product Dimensions:** 74Lx34Lx58H
- **Maximum Display Values:**
 - Time: Up to 99 minutes, 59 seconds
 - Distance: Up to 99.9 miles
 - Calories: Up to 999 kcal

3. Installation Instructions

Assembly Guidelines

1. **Unpack and Prepare:** Choose a spacious area to assemble the machine. Carefully remove all packaging materials but keep them until the assembly is complete.



2. **Connect the left side hand rail first. Then connect the right hand rail. Be sure to connect communication wire with connectors, seen below;**



3. **Connect Brake for resistance handle.** The cable comes through the right side arm and connects to the braking mechanism seen below.



4. **Install cross bar & connect communication Lines:** Attach the communication cable from the screen support pipe to the main frame cable.



5. **Secure Handrails and Screen:** Affix the left and right handrails to their designated slots and connect the HR monitor connectors. Ensure they are firmly in place, then attach the screen and connect the display connectors.



5. Operating Instructions

You must be standing on the slats to begin operating the treadmill. While holding the handrails, gently walk up the slope towards the front of the treadmill. This will increase the treadmill's speed. If you want to go faster, increase your stride and continue to walk/run towards the front of the treadmill. If you want to slow the speed, gently slow your stride and naturally let your steps move towards the rear of the treadmill. This will slow the treadmill belt, giving you the feeling of free running.

Use the resistance handle on the right to increase or decrease the belt's resistance.

To end the session, simply step off the machine.

6. Maintenance Guidelines

- **Daily Cleaning:** Wipe down the machine with a soft, slightly damp cloth. Avoid harsh chemicals, which can damage the surface.
- **Regular Inspections:** Check for loose bolts, abnormal noise, or wear on moving parts. Tighten any loose components as needed.
- **Weekly Maintenance:** Vacuum around and beneath the machine to prevent dust buildup. Use a soft brush to clean between the steps and on the machine's surface.